

# BOMBSHELL DANCE FITNESS, EASLEY

5156 Calhoun Memorial Highway, Easley SC 29640

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30am RIPPED- Sherrie
2  5pm HOT Flow- Tyler	3  6pm Zumba- Sherrie 7pm Vinyasa Flow- Tyler	4 9:30am PIYO- Stefanie 4:30pm Vinyasa (non heated)- Tyler 6pm HOT Flow- Tyler	5  6:30pm POUND BLACKLIGHT Party!- Fallon (20 spots available).	6  7pm Bombshell Dance Fitness- Leslie & Crystal	7	8  9:30am Holiday HIIT Hop Hustle- Brooke
9  5pm HOT Flow- Tyler	10  6pm Zumba Toning- Sherrie	11 9:30am PIYO- Stefanie  6pm BUTI Yoga- Michelle	12  6pm House Party Fitness- Brooke 7pm Yoga- Brooke	13  7pm Bombshell Dance Fitness- Katrina & Sierra	14	15  9:30am Zumba Step- Sherrie
16  5pm HOT Flow- Tyler	17  6pm Zumba- Sherrie 7pm Vinyasa Flow- Tyler	18 9:30am PIYO- Stefanie 4:30pm Vinyasa (non-heated) 6pm HOT Flow- Tyler	19  6pm RIPPED- Nina 7pm A Barre' Above- Nina	20  6pm BUTI Yoga- Michelle	21	22  9:30am Holiday HIIT Hop Hustle- Fallon
23  NO HOT Yoga-	24  No Classes.	25  Merry Christmas- No classes.	26  6pm House Party Fitness- Sherrie	27  6pm HIIT Hop- Sherrie 7pm Bombshell Dance Fitness-Fallon	28	29 House Party Fitness Master class with creator Brooke Blair! 9- 10:15am. \$10 per person.
30  5pm HOT Flow- Tyler	31					